

List of Thrangu Rinpoche's Teachings by Date

TEACHING	TITLE	DATE	LOCATION	TRANSLATOR	PUBLISHED IN THIS BOOK
NO		GIVEN			
	Teachings from 1980 to 1990				
1	The Uttara Tantra	6/1/80	SAMYE LING	K & K HOLMES	<i>Uttaratantra: A Treatise on Buddha-Essence</i>
2	The Jewel Ornament of Liberation	6/1/80	KTD	RADHA	
3	The Jewel Ornament of Liberation	6/1/80	SAMYE LING	K & K HOLMES	<i>The Jewel Ornament of Liberation</i>
4	Ngondro: Prost and Vajrasattva	6/1/80	KTD	RADHA	
5	The Four Reminders	6/1/80	SAMYE LING	K & K HOLMES	<i>The Four Foundations</i>
6	Ngondro	6/1/80	SAMYE LING	K & K HOLMES	<i>The Four Special Foundations of Practice</i>
7	Shamatha Meditation	6/1/80	SAMYE LING	K & K HOLMES	Booklet: Shamatha Meditation
8	Teachings of 21 Taras(INAUDIBLE)	7/1/80	KTD	C RADHA	
9	The History of Indian Buddhism	6/1/81	SAMYE LING	K & K HOLMES	<i>The History of Indian Buddhism</i>
10	Spiritual Biography of Marpa	6/1/81	SAMYE LING	K & K HOLMES	<i>Spiritual Biography of Marpa</i>
11	Spiritual Biography of Milarepa	6/1/81	SAMYE LING	K & K HOLMES	<i>Spiritual Biography of Milarepa</i>
12	Spiritual Biography of Gampopa	6/1/81	SAMYE LING	K & K HOLMES	<i>Spiritual Biography of Gampopa</i>
13	Ornament of Clear Realization	1/1/83	SAMYE LING	K & K HOLMES	<i>Ornament of Clear Realization</i>
14	Middle Way Meditation Instructions	6/1/83	SAMYE LING	K & K HOLMES	<i>Mipaham's Middle-way Meditation</i>
15	Guru Rinpoche Koncho Chidu	6/1/83	SAMYE LING	K & K HOLMES	
16	Mandala Teachings	6/1/83	SAMYE LING	K & K HOLMES	
17	Torma Teachings	6/1/83	SAMYE LING	K & K HOLMES	
18	Nyong Neh Retreat Course	1/1/84	SAMYE LING	K & K HOLMES	
19	Medicine Buddha/Tara/Chenresig	3/1/84	SAMYE LING	K & K HOLMES	
20	Three Vehicles of Buddhist Practice	3/1/84	SAMYE LING	K & K HOLMES	<i>Three Vehicles of Buddhist Practice</i>
21	Tara Meditation	3/1/84	SAMYE LING	K & K HOLMES	
22	Six States of Consciousness	2/1/85	NEPAL		
23	The Pratimoksha Precepts	3/1/85	GAMPO ABBEY	S. PALDEN	<i>{To be published 2019}</i>
24	Nyungne Practice Instructions	10/1/85	KTD	C RADHA	
25	Dzambala Teachings	11/1/85	KTD	S. PALDEN	
26	The Bohisattva Vow	11/1/85	KTD	C. RADHA	
27	The Four Noble Truths	6/1/86	EDMONTON		
28	The Bodhisattvas Way of Life	1/1/87	NEPAL	K HOLMES	
29	The Uttara Tantra	1/1/87	NEPAL	K HOLMES	<i>The Uttaratantra</i>
30	The Jewel Ornament of Liberation	12/1/87	NEPAL	ROBERTS	
31	Vows of the Three Yanas	1/1/88	ENGLAND	ROBERTS	
32	The Songs of Milarepa	1/22/88	NEPAL	ROBERTS	<i>A Spiritual Biography of Milarepa</i>
33	The Bodhisattva Path	4/1/88	NAROPA		
34	Tilopa and Mahamudra	4/1/88	GAMPO ABBEY		
35	The Life of Tilopa	4/1/88	KARMA DZONG	J. MORRELL	
36	Kamalashila's Path of Meditation I	4/1/88	NAROPA	J. LEVINSON	<i>Essential Practice</i>
37	Dependent Origination (Tendril)	4/1/88	KARMA DZONG	LEVINSON	
38	Women and the Dharma	5/1/88	KTD		
39	Generosity and Building a Monastery	5/1/88	KTD		
40	Lineage of the Karmapas and Tai Situpas	6/1/88	ENGLAND	ROBERTS	
41	Differentiating Cons. and Wisdom	8/1/88	ENGLAND	ROBERTS	<i>Differentiating Consciousness and Wisdom</i>
42	Shamatha and Vipashana Meditation	1/1/89	NEPAL		<i>Tranquility and Insight</i>
43	The Six Perfections	1/1/89	MONTREAL		
44	The Mandala Offering	1/27/89	?		
45	Life of Rechungpa	2/1/89	NEPAL		<i>Life of Rechungpa</i>
46	The Song of Lodro Thaye	8/1/89	GAMPO ABBEY	HARDING	<i>Song of Lodro Thaye</i>
47	Path of Meditation of Kamalashila	8/1/89	NAROPA	LEVINSON	<i>Essential Practice</i>
48	The Four Dharmas of Gampopa	9/1/89	KTD	RADA	

49	Path of Meditation of Kamalashila I	10/21/89	HALIFAX	HARDING	<i>Essential Practice</i>
50	Bodhisattva Vows- Halifax 1	10/22/89	HALIFAX		
51	Moonbeams of Mahamudra:Volume I	11/1/89	BIG BEAR	K. MCLEOD	<i>Essentials of Mahamudra</i>
52	Kamalashila's Path of Meditation III	11/9/89	BOULDER	LEVINSON	
53	Aspiration for Mahamudra	1/1/90	BIG BEAR	K. MCLEOD	
54	Treatise Consciousness and Wisdom	1/1/90	NEPAL	ROBERTS	
55	Treatise that Teaches Buddha Nature	7/1/90	SEMINARY	LEVINSON	
56	Treatise that Teaches Buddha Nature	8/1/90	ENGLAND	ROBERTS	<i>On Buddha Essence</i>
57	Life of Rechungpa	10/1/90	KTD		<i>Life of Rechungpa</i>
58	37 Attributes of a Bodhisattva	10/1/90	KTD	Khorko	
59	Four Dharmas of Gampopa	10/13/90	WASH DC	LEVINSON	<i>Booklet: Four Dharmas of Gampopa</i>
60	The Prayer of Mahamudra	11/1/90	BOULDER	ROCKWELL	<i>Booklet: Aspirational Prayer for Mahamudra</i>
61	Moonbeams of Mahamudra *	1990	BIG BEAR	McCloud	
62	Life of Rechungpa	11/2/90	BOULDER		
63	Essence of Mahamudra	12/8/90	HALIFAX		
64	Bodhisattva Vows- Halifax 2	12/10/90	HALIFAX		
65	Mahamudra	12/17/90	SOPA CHOLING		
66	Mahamudra Lineage	12/18/90	SOPA CHOLING		
67	Path of Meditation of Kamalashila II	12/20/90	SOPA CHOLING		<i>Essential Practice</i>
	Teachings from 1991 to 2000				
68	The Lumbini Teachings	1/1/91	NEPAL	LEVINSON	<i>The Development of Buddhism in India</i>
69	Dist. Dharma and Dharmata	1/11/91			
70	Differentiating the Middle and Extremes	8/1/91	NAROPA		
71	The Life of Rangjung Dorje	1/1/92	NEPAL	LEVINSON	
72	Moonlight of Mahamudra	1/1/92	NEPAL	LEVINSON	
73	Aspirations for Mahamudra(rang dorje also	1/27/92	NEPAL	LEVINSON	
74	Konchog Chidu	4/1/92	HALIFAX		
75	Death and Dying	4/1/92	SOPA CHOLING		
76	Vajrayogini	4/9/92	SOPA CHOLING		
77	Life of Marpa	4/10/92	NEPAL	LEVINSON	
78	Gampo Lhatse Sadhana	4/15/92	SOPA CHOLING		
79	Kamalashila's Path of Meditation III	8/1/92	GLASGOW	ROBERTS	<i>Essential Practice</i>
80	The Bardo Teachings	8/1/92	ENGLAND		<i>Booklet: An Introduction to the Bardo</i>
81	Ten Virtuous and Nonvirtuous Actions	9/1/92	BIG BEAR	LEVINSON	Booklet:
82	Practicing Dharma in Life	12/19/92	NELSON BC		
83	Essence of Mahamudra	12/19/92	SOPA CHOLING		
84	King of Samadhi	1/1/93			<i>King of Samadhi</i>
85	Kagyü Lineage Prayer	1/1/93	NEPAL		
86	Chakramsamvara	1/1/93	NEPAL	SCHMIDT	
87	Song of Tilopa & Instructions	1/1/93		ROBERTS	<i>Song of Tilopa</i>
88	The Life of Karma Pakshi	3/1/93	NEPAL	SCHMIDT	
89	Song of Lodro Thaye	3/1/93	NEPAL	SCHMIDT	<i>The Song of Lodro Thaye</i>
90	Moonbeams of Mahamudra: IV	9/1/93	BIG BEAR	LEVINSON	<i>Mahamudra</i>
91	Moonbeams of Mahamudra	9/21/93	OJAI, CA		<i>Mahamudra</i>
92	Four Immeasurables	10/1/93	DENVER	HARDING	
93	The Samdhiraja Sutra	10/1/93	BOULDER	HARDING	<i>King of Samadhi {see # 85}</i>
94	Chakramsamvara	10/15/93	SOPA CHOLING		
95	Pointing out the Dharmakaya	10/15/93	SOPA CHOLING		<i>Pointing out the dharma kaya</i>
96	Mahamudra Lineage	10/18/93	?		
97	The 37 Practices of Bodhisattva	3/1/94	NEPAL	GYAMPTSO	<i>{To be published 2019}</i>
98	Life of Mikyo Dorje (NOT RINPOCHE)	3/1/94	NEPAL	GYAMPTSO	
99	Profound Inner Meaning (RESTRICT)	3/1/94	NEPAL	GYAMPTSO	<i>Retricted teaching</i>

100	Naropa's Summary of Mahamudra	3/1/94	NEPAL	GYAMPTSO	
101	A Guide to a Bodhisattva's Life	3/1/94	NEPAL	SCHMIDT	<i>in progress</i>
102	Mahamudra Retreat	1/1/95	BIG BEAR ?		
103	Moonbeams of Mahamudra 5	1/1/95	GLASGOW	ROBERTS	<i>Mahamudra</i>
104	Ornament of the Sakyong	3/1/95	NEPAL	DOKTOR	
105	Pointing out the Dharmakaya	3/1/95	NEPAL	GYAMPSO	<i>Pointing out the dharma kaya</i>
106	Six Dharmas	7/16/95	HALIFAX		
107	Red Chenrezig	7/20/95	SOPA CHOLING		
108	Moonlight of Mahamudra	7/20/95	SOPA CHOLING		
109	Pointing out the Dharmakaya	9/1/95	CALIFORNIA		<i>Pointing out the dharma kaya</i>
110	Rinpoche's address to Ojai	10/1/95	BIG BEAR	LEVINSION	
111	Creation and Completion	1/1/96	OXFORD	SCHMIDT	<i>creation and completion ?</i>
112	The Tantric Path and Mahamudra	3/1/96	NEPAL	SCHMIDT	
113	Lineage Chant	5/17/96	VANCOUVER	GYAMPSO	
114	Naropa's Instructions on Mahamudra	5/24/96	SEATTLE	GYAMPSO	<i>The ganges mahamudra ??</i>
115	Creation and Completion	5/24/96	SEATTLE	GYAMPTSO	<i>creation and completion ?</i>
116	Meditation and the Path of Compassion	8/1/96	TUSCON	GYAMPSO	
117	Creation and Completion	1/1/97	OXFORD		<i>creation and completion ?</i>
118	Life Khakhyab Dorje 15th Karm.	3/1/97	NEPAL	LEVINSON	
119	Journey of the Mind	10/19/97	?	GYAMPSO	<i>Journey of the Mind</i>
120	Essential Teachings of Practice Lin.	10/19/97	MAINE	ROBERTS	
121	Aspirational Prayer for Mahamudra	11/1/97	SAN ANTONIO	SCHMIDT	
122	Aspirational Prayer for Mahamudra	11/22/97	BIG BEAR	LEVINSON	
123	Moonbeams of Mahamudra	1/1/98	BIG BEAR	ROBERTS	<i>Essential Practice</i>
124	Naropa Summary of Mahamudra	3/1/98	NEPAL		
125	Ganges Mahamudra of Tilopa	4/1/98	NEPAL		<i>Tilopa's Wisdom: His Life and Teachings on</i>
126	Clarifying the Natural State	6/9/98	SEATTLE	ROBERTS	<i>clarifying natural state</i>
127	Kagyu Lineage Prayer	6/25/98	VANCOUVER		<i>Mahamudra Lineage Prayer</i>
128	Ocean of Certainty	7/1/98	GAMPO ABBEY	SCHMIDT	<i>Ocean of Definitive Meaning</i>
129	Uttara Tantra	7/15/98	HALIFAX		
130	Ocean of Definitive Meaning	7/22/98	GAMPO ABBEY		<i>ocean of difinitive meaning</i>
131	The Brilliant Original Nature	8/1/98	MAINE	ROBERTS	<i>{Look up}</i>
132	Ocean of Certainty, Pt. 2	3/15/99	NEPAL	SCHMIDT	<i>Ocean of Definitive Meaning</i>
133	Medicine Buddha	6/1/99	VANCOUVER	LEVINSON	<i>Medicine Buddha</i>
134	Union of Mahamudra and Dzogchen	6/27/99	EDMONTON	LEVINSON	<i>Luminous Clarity: Union of Mahamudra and</i>
135	Drala Principle	7/1/99	MAINE		
136	Concise Mahamudra Teachings	7/1/99	GAMPO ABBEY	MARTIN	
137	Pointing Out the Dharmakaya	7/1/99	GAMPO ABBEY		<i>Pointing out the Dharmakaya</i>
138	Mahamudra Retreat	7/11/99	BOULDER	GYAMPSO	
139	Teachings of Mipham Rinpoche	8/1/99	SEATTLE		
	TEACHING FROM 2000 TO 2019				
140	The Phowa Instruction	6/1/00	SEATTLE	MARTIN	
143	Chod Practice	9/1/00	Karma Thangka	MARTIN	<i>{To be published 2019}</i>
141	Medicine Buddha	6/1/00		VANCOUVER	<i>Medicine Buddha</i>
142	Milarepa on the Middle-Way	9/1/00	MAINE		
143	Tilopa's Ganges Mahamudra	9/1/00	VANCOUVER	GYAMTSO	<i>{Tilopa's Wisdom To be published 2019}</i>
144	Tilopa's Instructions on Mahamudra	9/11/00	MAINE	ROBERTS	<i>{Tilopa's Wisdom To be published 2019}</i>
145	Citizen's Song of Saraha I	3/1/01	SARNATH	SCHMIDT	<i>{To be published by Sara Harding}</i>
146	Chapter 4 of Bodhisattva Way	8/1/01	CRESTONE	?	<i>Shantideva's The Bodhisattva's Way of Life</i>
147	Seven Points of Mind Training	9/1/01	MAINE		<i>Seven Points of Mind Training</i>
148	Buddhism and Modern World	9/7/01	HARTFORD		maybe free download
149	Bodhichitta and BS Path Atisha	9/8/01	HARTFORD		

150	The 37 Attributes of a Bodhisattva				<i>{To be published 2019}</i>
151	The Lives of Tilopa and Naropa				
152	Moonbeams of Mahamudra:Volume II				<i>Published as: Essentials of Mahamudra</i>
153	Moonbeams of Mahamudra III				<i>Published as: Essentials of Mahamudra</i>
154	King's Doha of Saraha	9/19/02	CRESTONE	GYAMTSO	<i>Song for the King</i>
155	Sukavati (Dewachen) Pure Realm	7/1/02	MAINE	ROBERTS	
156	Citizen's song of Saraha II	2/25/02	SARNATH	SCHMIDT	To be published by Michele Martin
157	Six Refuges of the Vajrayana	7/11/02	MAINE	ROBERTS	
158	Union of Mahamudra and Dzogchen	6/13/03	CRESTONE	GYAMTSO	<i>Luminous Clarity: Union of Mahamudra and</i>
159	Intermediate States of Mind (Bardo)	7/24/04	CRESTONE	GYAMTSO	<i>{To be published in 2019}</i>
160	Ocean of Certainty	2001	CALIFORNIA		<i>Ocean of Definitive Meaning</i>
161	General Teaching	2003	PORTLAND		
162	Bardo Teachings	2004	CRESTONE	GYAMTSO	<i>{To be published 2019}</i>
163	Queens Doha	2004	SARNATH		<i>To be published by Michele Martin</i>
164	The Heart Sutra of Taranatha]	2005	SARNATH		
165	Lamp of Mahamudra with Khenpo Kathar	2005	CRESTONE		
166	Four Ordinary Foundations	2006	LOS ANGELES		<i>Four Ordinary Foundations</i>
167	Bardo Teachings Philadelphia	2006	PHILADELPHIA		
168	Creation and Completion	2006			<i>Creation and Completion</i>
169	Elminating Darkness Maine	2006	MAINE		<i>{To be published 2019}</i>
170	Red Chenrezig Halscheid	2006	GERMANY		
171	Heart sutra Crestone	2006	CRESTONE		
172	Pointing Out Dharmakaya Oxford	2006	OXFORD		<i>Pointing Out the Dharmakaya</i>
173	Bardo Teachings Philadelpia	2006	PHILADELPHIA		
174	Phowa Instructions Toronto	2006	TORONTO		
175	Pointing Out Dharmakaya	2006	OXFORD		<i>Pointing Out the Dharmakaya</i>
176	Six Paramitas Rhode Island	2006	RHODE ISLAND		
177	Heart Sutra Sarnath	2006	SARNATH		
178	Dorje Chang Prayer	2006	SARNATH		<i>Mahamudra Lineage Prayer</i>
179	1000 Buddhas Empowerment	2007	TORONTO?		
180	Khenpo Gangshar's Instruct. Nepal	2007	NEPAL		<i>Vivid Awareness</i>
181	Creation and Completion Toronto	2007	TORONTO		
182	Dolpopa's Mountain Doctrine Crest	2007	CRESTONE		<i>{To be published 2019}</i>
183	Hevajra Empowerment Vancouver	2007	VANCOUVER		
184	Phowa Instruction	2007	TORONTO		
185	Khenpo Gangshar's Instructions	2007	SARNATH		<i>Vivid Awareness</i>
186	Khenpo Gangshar	2007	MAINE		<i>Vivid Awareness</i>
187	Khenpo Gangshar	2007	NEPAL		<i>Vivid Awareness</i>
188	Khenpo Gangshar2007	2007	GERMANY		
188	35 Buddhas	2007	OXFORD		
189	Mahamudra	2007	OXFORD		
190	Seven Points Mind Training	2007	OXFORD		<i>Seven Points of Mind Training</i>
191	White Tara	2007	TORONTO		
192	GET	2007	NEW ZEALAND		
203	Amulet of Mahamudra	2008	CRESTONE		
204	Seven Points Mind Training	2008	OXFORD		<i>{To be published 2019}</i>
205	Ganges Mahamudra	2008	SARNATH		<i>Tilopa's Wisdom: His Life and Teachings on</i>
206	Four Noble Truths	2008	LOS ANGELES		
207	The Karmapas and Kagyu Linage	2008	LOS ANGELES		
208	Medicine Buddha Sutra	2008	LOS ANGELES		<i>Medicine Buddha</i>
209	Sarahas Treasury of Song	2008	NEPAL		
210	Phowa Toronto	2008	TORONTO		

211	Union of MM and DZ	2008	VANCOUVER		<i>Luminous Clarity: Union of Mahamudra and</i>
212	Way of the Bodhisattva CH 4 and 5	2008	SARNATH		<i>Shantideva's The Bodhisattva's Way of Life</i>
211	Refuge	2008	LOS ANGELES		
212	Mahamudra	2008	HONG KONG		
213	Chod practice	2008	GERMANY		
214	Philosophical Schools	2009	NEPAL		
215	Evam Vajadhara Lineage	2009	AUSTRALIA		
216	Analytical and Resting Meditation	2009			
217	Khenpo Gangshar on Middle Way	2009			
218	King of Samadhi	2009			<i>King of Samadhi</i>
219	Main Philosophical Schools	2009			
220	Miphams Song on Dzogchen	2009	SARNATH		
221	Miphams Song on Dzogchen View	2009			
222	Miphams Song on Dzong View	2009	BOULDER		
223	Bodhisattva Way of Life New Zealand	2009	NEW ZEALAND		<i>Shantideva's The Bodhisattva's Way of Life</i>
224	Mind Training	2009	OTTAWA		
225	Clarifying the Natural State Oxford	2009	OXFORD		<i>Clarifying the Natural State</i>
226	Dampa Sangye 100 verses Toronto	2009	TORONTO		
227	Bodhisattva Way of Life Yun Yang Temple	2009			<i>Shantideva's The Bodhisattva's Way of Life</i>
228	Vajradhara Lineage Prayer	2009			
228	Ornament of the Middle Way	2011			
229	Root Wisdom of the Middle Way	2011			
230	Nagajunas Foundation middle way	2011	VANCOUVER		
231	Vivid Awareness Boulder	2011	BOULDER		<i>Vivid Awareness</i>
232	Joy and Delight in Practice Oxford	2011	OXFORD		
233	Amitabha	2011			
234	Songs of Milarepa	2011	NEPAL		
235	Adornment of the Middle Way	2011	CRESTONE		
236	Distinguishing Con from Wisdom	2011	SARNATH		
237	Khenpo Gangshar and mind Training	2011	Karma Ling		
238	Lives of the Karmapas	2011			
239	Nagarjuna's Wisdom of the Middle way	2011		CHOEPHEL	
240	Nagarjuna's Foundation of Middle Way	2011	VANCOUVER		
241	North American Kagyu Monlam	2011			
242	Shantirakshitas Ornament of Middle Way	2011		CHOEPHEL	
243	Vivid Awareness	2011	BOULDER		
244	Atisha Lamp to Path of Enlightenment	2013		CHOEPHEL	
245	Four Dharmas of Gampopa	2013	NEPAL		
246	Lamp for the Path	2013			
247	Buddha Nature from Uttarantra	2014	NEPAL	CHOEPHEL	
248	Lamp to Enlightenment	2014	DENVER	LEVINSON	
249	Symphony of Great Bliss	2014	BOULDER		
250	The 37 Practices of Bodhisattva	2014			
251	Buddha Nature from Uttarantra	2014	BOULDER	LEVINSON	
252	Ngondro: Prost and Vajrasattva	2014	GERMANY		
253	Dorje Chang Prayer	2015		CHOEPHEL	
254	Dorje Chang Prayer	2015	EDMONTON		
255	Four Dharmas of Gampopa	2015	TORONTO		
256	Gampopa's Torch of True Meaning	2015	NEPAL		
257	Gangshar Songs to Inspire Practice	2015	NEPAL		
258	Sukavati (Dewachen) Pure Realm	2015			
259	Union of Mahamudra and Dzogchen	2015		CHOEPHEL	
260	Four Dharmas of Gampopa	2016	CRESTONE		
261	Gampopa Torch of True meaning	2015			
262	Songs to Inspire Practice	2015	NEPAL		

263	Vomiting Gold	2016			
264	Vomining Gold	2016	NEPAL		
265	Kehnpo Gangshar Dratsun Wangchuk	2017			
266	Khenpo Gangshar Naropa	2017	BOULDER		
267	Khenpo Gangshar Nepal	2018	NEPAL		